

**XYZ-TREATMENT CHART DUE TO FALL INJURY on 07/22/2015**

S.NO	DATE	DIAGNOSIS	TREATMENT CHART
1	07/22/2015	Contusion with LOC (Loss of Consciousness) Abrasion contusion Laceration	Sutured at laceration site
2	07/23/2015	Contusion, laceration to posterior scalp possible concussion Neck pain/strain Left hip contusion	Prescribed Ultram 600-800 mg
3	07/27/2015	Head Trauma Neck pain	Prescribed Duricef, and Ibuprofen
4	07/28/2015	Scalp laceration Possible concussion Head trauma Neck pain	Prescribed Robaxin 750 mg, continue Ibuprofen 400 mg and 600 mg, and continue Duricef
5	08/04/2015	Scalp laceration Post traumatic stress disorder	Continue Ibuprofen
6	08/10/2015	Head trauma Possible concussion PTSD (Post Traumatic Stress Disorder)	Employee assisted counseling
7	11/09/2016	Post-traumatic stress disorder by history and presentation Cognitive dysfunction Post-concussion syndrome Migraine headaches Signs of cerebellar dysfunction Rule out sleep disorder Rule out inguinal hernia	Treatment with SNRI (Serotonin and Norepinephrine reuptake inhibitors) (Venlafaxine)
8	11/22/2016	Mild Cognitive Dysfunction Secondary to Traumatic Brain Injury Post-Concussive Syndrome Depressive Disorder Secondary to Traumatic Brain Injury Post-traumatic Stress Disorder – Chronic	Continued medical monitoring and rehabilitation planning for the management Physical Therapy consult is recommended to assess patient's physical functioning given his reported ongoing chronic pain locations and impaired motor skills. Recommended to consider consultation with an Occupational Therapist to further evaluate his motor skills and provide interventions if appropriate. Recommended a vocational rehabilitation assessment be conducted should patient wish to remain in the workforce. cognitive remediation therapy with a speech therapist familiar with treating the consequences of suspected acquired brain injury, chronic pain, and PTSD Participation in psychotherapy is recommended
9	01/09/2017	Post-traumatic headache, cervical and lumbar sprain/strain and radiculopathy, cervical facet syndrome, and right hip pain	refer patient to chiro/PT (Physical Therapy) for conservative therapy. Recommend Neurology referral for TBI/PTSD evaluation. Naproxen #30 pm for pain relief. Flexeril #30 pm for muscle spasms. Refer to conservative therapy for 4-6 weeks.
10	09/01/2017	Mild cognitive dysfunction secondary to TBI (Trauma Brain Injury) Post-concussion syndrome Depressive disorder secondary to TBI Posttraumatic Stress Disorder-Chronic.	Prescribed Zoloft
11	11/06/2017	Strain of muscle, fascia and tendon at neck level, subsequent encounter Civilian activity done for income or pay Concussion with loss of consciousness of 30 minutes or less, subsequent encounter Laceration without foreign body of scalp, subsequent encounter Sprain of ribs, subsequent encounter Multiple fractures of ribs, left side, subsequent encounter for fracture with routine healing Major depressives disorder, single episode, severe without psychotic features Post-traumatic stress disorder, unspecified Sprain of ligaments of cervical spine, subsequent encounter Sprain of ligaments of lumbar spine, subsequent encounter	Consultation for ophthalmologist
12	12/04/2017	Strain of muscle, fascia and tendon at neck level, subsequent encounter Civilian activity done for income or pay Concussion with loss of consciousness of 30 minutes or less, subsequent encounter Laceration without foreign body of scalp, subsequent encounter Sprain of ribs, subsequent encounter Multiple fractures of ribs, left side, subsequent encounter for fracture with routine healing Major depressives disorder, single episode, severe without psychotic features Post-traumatic stress disorder, unspecified Sprain of ligaments of cervical spine, subsequent encounter Sprain of ligaments of lumbar spine, subsequent encounter	Continue the TBI program management
13	11/01/2017-01/18/2018	Headaches, dizziness, trouble balancing, forgetfulness, and right hip pain	Continue with modalities: moist heat, ice pack, ultra sound, electrical stimulation. Therapeutic exercises: stretching, soft tissue and joint mobilization. Myofascial release, Postural exercises, reciprocal exercises for balance and coordination. core stability, hip stabilization, trunk/upper body flexibility and strengthening, activity tolerance/endurance.



14	02/07/2018	Strain of muscle, fascia and tendon at neck level Civilian activity done for income or pay Concussion with loss of consciousness of 30 minutes or less Laceration without foreign body of scalp, subsequent encounter Sprain of ribs, subsequent encounter Multiple fractures of ribs, left side Major depressive disorder, single episode, severe without psychosis Post-traumatic stress disorder, unspecified Encounter for examination and observation following work accident Sprain of ligaments of cervical spine, subsequent encounter Sprain of ligaments of lumbar spine, subsequent encounter	Continue conservative management
15	03/30/2018	Strain of muscle, fascia and tendon at neck level Concussion with loss of consciousness of 30 minutes or less Laceration without foreign body of scalp, subsequent encounter Sprain of ribs, subsequent encounter Multiple fractures of ribs, left side Major depressive disorder, single episode Post-traumatic stress disorder, unspecified Encounter for examination and observation following work accident Sprain of ligaments of cervical spine, subsequent encounter Sprain of ligaments of lumbar spine, subsequent encounter	Prescribed Zoloft
16	06/25/2018	Ataxia, unspecified Labyrinthine dysfunction, unspecified ear - I suspected underlying vestibular dysfunction including left-sided hypo function or weakness. Post concussional syndrome	Procedure: Posturography
17	07/02/2018	Post-concussional syndrome Labyrinthine dysfunction, unspecified ear - I suspected underlying vestibular dysfunction including left-sided hypo function or weakness Lesion of ulnar nerve, left upper limb Ataxia, unspecified	Physical therapy to address balance problem.
18	07/23/2018	Post concussional syndrome Labyrinthine dysfunction, unspecified ear, I suspected underlying vestibular dysfunction including left-sided hypo function or weakness. Lesion of ulnar nerve, left upper limb Ataxia, unspecified	Physical Therapy (Vestibular Rehabilitation) to address the balance problems.
19	08/08/2018	Postconcussional syndrome Labyrinthine dysfunction, unspecified ear Cervicalgia Chronic post-traumatic headache, intractable	Physical therapy
20	04/12/2019	Unspecified neurocognitive disorder due to mild traumatic brain injury; adjustment disorder with mixed anxiety and depressed mood; post-traumatic stress disorder.	Outpatient treatment should be supervised by a neuropsychologist and would require weekly sessions for about one year. A neuropsychiatric consultation for the management of mood and anxiety is recommended with trials on mood
21	12/19/2019	Traumatic brain injury-from 2015. Headaches Insomnia. Vision problem Depression	Continue occupational/speech therapy and add in physical therapy. Excedrin continue Melatonin Continue current medication regimen
22	01/15/2020	Sleep disorder	Split sleep study
23	01/16/2020	Post-traumatic Stress Disorder, chronic	Increase Zyprexa to 5mg Referred to psychotherapy for any counseling needs
24	01/16/2020-02/13/2020	Post-traumatic Stress Disorder, chronic	Increase Zyprexa, Referred to psychotherapy for any counseling. Continue current medication regimen
25	02/18/2020	Visual distortions of shape and size Concussion with loss of consciousness of 3-0 minutes or less, sequela	Taking prism treatment
26	03/25/2020	Traumatic brain injury-from 2015. Headaches-improving Vision-continue glasses Depression	He is improving. Continue therapist to address ADL's, mobility, cognition, balance, psych issues, etc. Continue current medication regimen
27	03/30/2020	Post-traumatic stress disorder, unspecified Adjustment disorder, with mixed anxiety and depressed mood	ID 2 healthy coping mechanisms
28	04/01/2020	PTSD chronic Major depressive disorder, severe with psychotic features	Medication evaluation
29	12/20/2019-04/06/2020	Other disorders of vestibular function, bilateral Diffuse traumatic brain injury with loss of consciousness of 30 minutes or less, initial encounter Pain in right hip Other peripheral vertigo, unspecified ear Low back pain Post-traumatic stress disorder, unspecified Adjustment disorder, with mixed anxiety and depressed mood	Physical Therapy - Active Range of Motion Activities. Client Education. Gait Training. Home Exercise Program. Joint Mobilization Techniques. Manual Therapy Techniques. Neuromuscular Re-education. Passive Range of Motion Activities. Proprioceptive/Closed Kinetic Chain Activities. Self Care/Home Management. Stretching/Flexibility Activities. Therapeutic Activities. Therapeutic Exercise Yoga therapy Music therapy occupational therapy Speech therapy



29	12/20/2019-04/06/2020	<p>Other disorders of vestibular function, bilateral</p> <p>Diffuse traumatic brain injury with loss of consciousness of 30 minutes or less, initial encounter</p> <p>Pain in right hip</p> <p>Other peripheral vertigo, unspecified ear</p> <p>Low back pain</p> <p>Post-traumatic stress disorder, unspecified</p> <p>Adjustment disorder, with mixed anxiety and depressed mood</p>	<p>Physical Therapy - Active Range of Motion Activities. Client Education. Gait Training. Home Exercise Program. Joint Mobilization Techniques. Manual Therapy Techniques. Neuromuscular Re-education. Passive Range of Motion Activities. Proprioceptive/Closed Kinetic Chain Activities. Self Care/Home Management. Stretching/Flexibility Activities. Therapeutic Activities. Therapeutic Exercise</p> <p>Yoga therapy</p> <p>Music therapy</p> <p>occupational therapy</p> <p>Speech therapy</p>
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